

Child Strengths



Social Strengths

- Empathy
- Cooperation
- Leadership
- Listening
- Conflict resolution
- Inclusiveness
- Encouraging peers
- Sharing and turn-taking
- Building friendships with ease

Emotional Strengths

- Resilience
- Patience
- Adaptability
- Confidence
- Self-regulation
- Compassion
- Understanding others' emotions
- Calming themselves after frustration
- Staying composed in new situations

Cognitive Strengths

- Logical thinking
- Curiosity
- Problem-solving
- Memory
- Attention to detail
- Creativity (kept simple as allowed)
- Quick pattern recognition
- Strong observation skills
- Enjoying challenges or puzzles

Communication Strengths

- Verbal expression
- Storytelling
- Asking thoughtful questions
- Understanding instructions
- Strong vocabulary
- Nonverbal awareness
- Clear articulation of needs
- Active participation in conversations
- Ability to explain ideas simply

Physical Strengths

- Coordination
- Strength or flexibility
- Fine-motor control
- Active engagement
- Spatial awareness
- Endurance
- Balance
- Skill in sports or outdoor activities
- Comfort with hands-on tasks

Behavioral Strengths

- Responsibility
- Independence
- Persistence
- Initiative
- Organization
- Following routines
- Completing tasks without reminders
- Staying focused during activities
- Handling transitions smoothly

Learning Strengths

- Visual learning
- Hands-on learning
- Auditory learning
- Pattern recognition
- Fast comprehension
- Enjoying new concepts
- Strong recall
- Ability to practice without pressure
- Preference for structured or unstructured learning

